



## CDS February Member Event

### “GLP-1 Agonists - The Ozempic Craze”

February 9, 2026 \*\*\* Gary Huber, DO, AOBEM

#### Where are we today?

Peptide vs Drug?

Mechanism of action

Safety & Efficacy

Negative side effects

Effective weight loss?

#### Dr. Gary Huber will be discussing –

- ✓ Your body's ability to manufacture your own GLP-1.
- ✓ How and why GLP-1 works.
- ✓ What are the REAL risks and adverse issues related to their use.
- ✓ Is the hype regarding its ability to drive weight loss real? What the studies show.
- ✓ What's the risk of regaining the weight.
- ✓ How do lifestyle changes compare to semaglutide (Ozempic) in actual results.
- ✓ How much muscle loss is being seen with GLP-1 use.
- ✓ Best and worst uses for a GLP-1 agonist.

#### About Gary Huber, DO, AOBEM

Dr. Gary Huber spent 20 years as an Emergency Medicine physician before evolving his practice to integrative care. Integrative medicine addresses lifestyle in the pursuit of ideal health to seek and reverse the cause of illness. Beyond simple reduction of symptoms, we engage to promote robust health, strong cognition, ample energy, restorative sleep and vital living.



Dr. Huber lectures nationally on hormone replacement therapies, cardiovascular care, sports medicine and other integrative medicine topics for the American Academy of Anti-Aging Medicine and George Washington University's Metabolic Medicine Institute. He has developed a unique Corporate Health Program that attacks Metabolic Syndrome to reduce health care expense while restoring employee's productivity.

Dr. Huber and his wife Beth are avid cyclists and outdoors people who love spending time outside with their dogs and two kids. His passion is exploring the boundaries of human performance. “We are only limited by our minds ability to see the next possibility. It is our mind and not our body that holds us back from the ultimate life experience.”

More details on next page/side



## “GLP-1 Agonists - The Ozempic Craze”

February 9, 2026 with Gary Huber, DO, AOBEM

*Earn 1.5 Credit Hours!*

**Location:** Cooper Creek Event Center, 4040 Cooper Road, Blue Ash, OH 45241

**Schedule:** 6:00 pm, Appetizers Served, Program, 7:00 to 8:30 pm

Three different food stations to choose from! Asian Fare, BBQ Bistro, and Pasta Station

**Fee:** Cincinnati Dental Society, **COMPLIMENTARY**  
Keely Dental Society Members, **25% discount on the \$40 Fee (\$30.00)**

Non-Member Dentists/Guest/Staff of CDS Member = \$40 each

### FILLABLE REGISTRATION FORM FOR FEBRUARY 9, 2026 – Deadline is 1/30/26

Dentist(s) Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ \*\*\*\*Member of Keely

Guest/Staff Name(s): \_\_\_\_\_

Email: \_\_\_\_\_

Number Attending: \_\_\_\_\_ Total \$ \_\_\_\_\_

Check Made Payable to:  
Cincinnati Dental Society, 9200 Montgomery Rd., #21-A, Cincinnati, OH 45242

Card #: \_\_\_\_\_ Amount: \_\_\_\_\_

Exp: \_\_\_\_\_ CVV: \_\_\_\_\_ Zip Code of Billing Address: \_\_\_\_\_

**Fax registration form to the CDS, 513-984-3047 OR Email, [vicki@cincinnatiadental.org](mailto:vicki@cincinnatiadental.org).**

*The Cincinnati Dental Society is an ADA CERP Recognized Provider  
approved by the ODA.*