

Friday, April 12, 2024 at the Delta Hotels by Marriott

"Integrative Dental Medicine: The Next Great Frontier" - 6 CE Credits

DeWitt "Witt" Wilkerson, DMD

(Dental Hygienists, Dental Assistants & Administrative Personnel of registered dentists for this course are invited to attend if space permits. See tuition charge on registration form.)

Course Description

We face a severe health crisis, which is a much larger pandemic than Covid19! The western lifestyle of poor diet, lack of exercise, excessive weight, high blood pressure, diabetes, smoking, stress, periodontal & periapical oral disease, breathing disordered sleep and GERD, are examples of the co-morbidities which put every one of us at risk in a viral world! Dentistry is the medical specialty of oral medicine. Oral health is directly related to complete health: the oral-systemic connection.

We must ask: "How we can stand on the frontlines fighting the health crisis that is destroying our nation?"

The answer is through developing a new model that integrates Dentistry & Medicine = Integrative Dental Medicine(IDM). This model must create both healthier patients and practices(\$). Dr. Wilkerson will discuss his 10 years of research and clinical implementation, the subject of his bestselling book entitled, "The Shift, the Dramatic Movement Toward Health Centered Dentistry".

Learning Objectives:

- 1. Introduce the 3 pillars of IDM.
- 2. Introduce the IDM Checklist
- 3. Introduce a business model for IDM.

Questions:

- 1. T or F There is a link between systemic inflammation, TMD & sleep disorders. (true)
- 2. T or F The #1 cause of systemic inflammation is smoking. (false)
- 3. T or F Breathing disordered sleep can be a cause of morning headaches. (true)
- 4. T or F Oral pathogens are associated with vascular atherosclerosis. (true)
- 5. T or F It is overkill to use systemic antibiotics for elevated oral pathogen levels. (false)

About the Speaker

Witt grew up in St. Petersburg, Florida, where he spent many hours on the golf course. He played with the golf team at the University of Florida. After completing dental school at UF in 1982, he joined the prestigious practice of Dr. Peter Dawson. Over the past 30+ years, Witt has taught classes at the Dawson Academy, where over 40,000 dentists have studied Occlusion, Restorative Dentistry and TMD. The past 10 years Witt's focus has been directed toward elevating Dentistry as a true specialty field of medicine and complete health, coining the term: "Integrative Dental Medicine" (IDM). He recently founded the IDM Scholar Society (idmscholarsociety.com) and authored *The Shift, the Dramatic Movement Toward Health Centered Dentistry*.

Witt and his wife Patricia have been married 43 years, have 3 children and 3 grandchildren. The family enjoys attending UF Gator football games and travel together.